

Vol. 4

April 7,

METTER

MCMXIX.

No. 7

The One Hundredth Stated Convocation of Metropolitan College S.: R '.I.'.A.'.,

will be held in the Adytum, 310 Lenox Avenue

Between 125th. and 126th. Streets, opposite 125th. Street station, Lenox Avc. Subway.

Friday Evening, April 11, 1919, at 8.00 P. M. precisely

Zelork:

COLLEGE HOME NIGHT CELEBRATION

No classes.

Altho the work of the S. R. L. A. Was begun in 1910-11, it was under the auspices of the old Grantwood College. This college was later merged with Metropolitan on the Institution of the latter in 1914. Thus our actual number of Convocations is much greater, but those of Metropolitan alone, according to the Minute Books, show continuous assemblies which have now reached the "Centennial" mark. A full attendance of members is requested, and a special program will follow the Ceremonial Opening of the Convocation.

Astrological Classes.

Sr. Progressia VIII°.

Elementary Class, 1st, 3rd and 5th Tuesdays.

Advanced Class, 2nd. and 4th. Tuesdays.

ALL CLASSES CONVENE AT 8:00 P. M. PRECISELY, PLEASE BE PROMPT.

The Stars for April.

BY CHARLES NEVERS HOLMES.

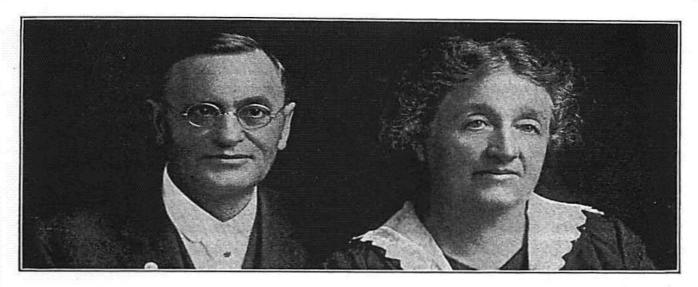
During the month of April, around 10 P. M., we behold the gradual transition of brilliant Sirius and the lower part of the "glorious galaxy" across the western horizon, although its upper part will remain in sight at that hour until about the beginning of summer. During this gradual sinking from sight of these bright and beautiful firmamental jewels of winter, the sun Capella in the constellation of Auriga, and the suns Castor and Pollux in the constellation Gemini, will be the last to leave us. In April our Sun of day sets later and later, around 7:54 on the 30th (owing to the advance in the legal hour), but, nevertheless, we shall have a chance, an hour or so before 10 F. M., to take a farewell observation of winter's "glorious galaxy." As we do so, we should look for the "Kids," close to Capella, three rather faint stars forming a small acute triangle. These three faint stars are called "Epsilon," "Eta," and "Zeta," being upon the western side of Capella, which we shall find descending towards the northwestern horizon, about halfway below the zenith (around 9 P. M., April 10th).

Other suns of night rise to take the places of these setting suns of the "glorious galaxy." During the early part of April, around 10 o'clock, the sun Regulus, at the bottom of the sickle-shaped outline in the constellation of Leo, sparkles south of the zenith, the remainder of Leo extending towards the east. Above Leo there is the well-known "Dipper," below Leo there are the inconspicuous constellations (west to east) of Hydra, Crater and Corvus. Southeast of Leo, not far above the horizon, we behold the bright star Spica in the constellation of Virgo. Out of the east the very remarkable sun Arcturus in Bootes is ascending higher and higher. As for the four planets (April 10; owing to the advance in the legal hour): Venus sets around 10 P. M.; Mars around 8 P. M.; Jupiter around 2 A.M.; and Saturn sets around 4:15 A. M.

Sayings of Elbert Hubbard, Mo. 2.

God looked upon His work and saw that it was good. That is where the clergy take issue with Him.

Philistine, Feb. 1909.



This photograph, the last one taken of Mr. and Mrs. Heindel, was kindly loaned to the S. · R. · I. · A. · · by Mrs. Heindel, for the purpose of publishing the best likeness of her late husband. We have taken the liberty of publishing on behalf of their many friends, this picture of them both together, as they so constantly were during Mr. Heindel's mortal expression.

Mr. Max Meindel, An Appreciation.

Altho many weeks have passed since Max Heindel, author of the Rosicrucian "Cosmo Conception" and leader of the "Rosicrucian Fellowship" passed to the Higher Life, this is the first opportunity we have had of paying tribute to the memory of a notable worker in the cause of Spiritual Science. Mr. Heindel's biography was fully published in Mercury, Vol. 2, No. 12, and it is our purpose at this time to express our most sincere appreciation of his sterling character, moral probity and courage, and above all his work crowned with success in the organization of his Fellowship and its valuable literature which has become so wide-spread that we believe it no exaggeration to affirm that it has done more toward the inculcation of an intelligent interest in what is commonly called "occultism" than any other single vehicle. Handicapped by painful personal afflictions Mr. Heindel worked steadily and persistently, and under the direction of his wife and co-worker Mrs. Augusta Foss Heindel the foundations he laid will continue for many successful years to come.

More than any one else, Mr. Heindel succeeded in inspiring an appreciation and valuation of the Science and Art of Astrology among intelligent and cultured people. He has actually lifted it from among the obscure and lightly esteemed arts, and placed it upon a better and surer foundation.

Mr. Heindel's transition occurred on January 6th, at 8:25 P. M., following a stroke of apoplexy while standing at Mrs. Heindel's desk. Funeral services were held at the Pro-Ecclesia, Oceanside, on Friday morning, and the body was later cremated at San Diego, Cal.

Standard Instruction in the Rosicrucian Philosophy.

Humber Three. (Continued.)

Man and his Bodies.

Celestial Pievarchies, Behieles of the Ego, Man-in-the-making.

EDITORIAL NOTE: The following Instructions have been Copyrighted 1919, by Societas Rosicruciana In America. Permission to use matter therefrom will be cheerfully given on application, providing due credit is given to the holder of the Copyright.

Atomic struc- Seen clairvoyantly, the Physical Body also presents another appearance, that of ture of Body, its atomic structure. And when the Etheric Body is perfectly concentric, the luminous points of the latter will be found to penerate to the hollow centers of each individual atom. In our present status of evolution the two vehicles are concentric, but this was not formerly the case, for in the Atlantean Epoch, the Ego had not entirely indrawn, and the seat of the Ego in the triangular space known to students of the Alchemical Section was not concentric with the similar position in the two vehicles.

Sign of Pisces By referring to page 27, table of the Hierarchies, the student will see why reference is made to Neophytes of the birth of Messiahs of our present wave of evolution under the "Sign of Pisces."

Where Involu-INVOLUTION broadly speaking may be said to END, and EVOLUTION BEGIN, tion ends and when the Ego has fully indrawn into its group of vehicles and attained SELF-CONSCIOUSNESS. There have been from the beginning of Man's long journey to his present status, well defined states of consciousness, but it was not SELF-CONSCIOUSNESS, which, with INDIVIDUALITY is only attained when the EGO is FULLY indrawn into its vehicles. Thus while the Atlanteans attained a high degree of intelligence, it was more of the animal intelligence, expressing itself in cunning and subtlety, than the fully awakened consciousness of SELF. Thus in our present usage we speak of the EGO as having the following vehicles-

Ego's vehicles as commonly stated.

EGO i.e. Threefold Spirit, 1 Mental Sheath,
2 Astral Body,
3 Etheric (or Vital) Body,
4 Physical Body;

the Threefold Spirit extracting from the Threefold Body (Astral, Etheric and Physical) the Threefold Soul.

Ego, what it is. The Ego has already been shown to be the Virgin Spirit differentated in its evolutionary progress as the Threefold Spirit, Divine, Life, and Human.

Recapitulation The other vehicles may be briefly recapitulated;

Mental SheathMENTAL SHEATH

Memory, three kinds

ASTRAL BODY, Astral Body Purpose of

No Consciousness of its own

Mediums and seances.

Shells

Earth Bound souls Cemeteries Etheric Body, ETHERIC BODY, Functions of Sleep

Ethers

Revitalizing

Physical BodyPHYSICAL BODY Co-related

At present unorganized as a true body and serving as the "mirror" thru which Spirit reflects itself in Matter, or thru which the Threefold Spirit projects itself into the Threefold Body.

It also serves as the modus of the MEMORY, which is also threefold-

- CONSCIOUS;—whereby the Ego is able to revive pictures of experience implanted therein at any moment, and revivify them into action.
- SUB-CONSCIOUS;—where experience imprinted on the negative atoms of the Etheric Body form a definite record of the Ego's activities not ordinarily brought into action. This Sub-Conscious Memory or Mind is all powerful when properly set to work, as it acts without apparent coordination with the Conscious Memory and is therefore un-inhibited in its ability to accomplish really marvellous results under the operation of the trained Will.

SUPER-CONSCIOUS;—which is the the Ego's memory of the experiences of PAST LIVES, and while usually dornant unless awakened by proper spiritual development under guidance, can nevertheless be brought into use by the Ego in the interim between death and rebirth, to review its past experiences.

developed by the Lords of Motion in the Moon Period. Its purpose is to give impulse and desire to the Physical Body thru the vitalizing power of the Etheric Body, and is therefore sometimes called the "Desire Body." The finest structure of blood, bone, and tissue would be useless with out the impulse and desire to action afforded by the Astral Body as the vehicle therefor of the Ego.

by the Astral Body as the vehicle therefor of the Ego.

The Astral Body has no consciousness of its own, but after death takes on by a process of induction, the semblance of intelligence and consciousness of the late homo and it is this assumed intelligence and personality that is so often seen by untrained clairvoyants and mediums in the ordinary "seance" that is recognized as the "real departed," and which at the same time accounts for the ludicrous and pitiful mistakes so often made by really honest mediums who do not understand the forces with which they are dealing. Such astral forms are really nothing more than "shells" which in due course disintegrate as the Ego progresses on its heaven journey in higher worlds, and while the relatives believe they are communing with the dead, the departed is in reality way beyond, with the exception of what are known as "earth bound souls," and the communication is really with the astral shell. These shells may be seen in large numbers by the trained clairvoyant, in any cemetery.

This is the vehicle in closest association with the Phys-

This is the vehicle in closest association with the Physical Body and its appearance clairvoyantly has already been given. Its principal function is to restore the Physical Body, which it does during Sleep. The Etheric Body functions in the Etheric Region of the Physical World, in the Four Ethers pertaining thereto, namely, the Life, Light, Chemical, and Reflecting Ethers. Thru these ethers, it is enabled to revitalize the Physical Body as the latter becomes depleted in vitality during the activities of the day. It is thus the medium between the Astral and Physical Bodies, giving vitality and force to the impulse of the Astral Body in obedience to the Ego during waking life, and revitalizing and replenishing the Physical Body during sleep, and repairing the waste. This vehicle functions in the Chemical Region of the This is the vehicle in closest association with the Phys-

This vehicle functions in the Chemical Region of the This vehicle functions in the Chemical Region of the Physical World, and co-relates as stated, with the Liqueous, Gaseous and Solid elements therein. Its purpose is to afford the Ego opportunity for self-expression and contact with exterior environment, and is obedient to the vitalizing force of the Etheric Body under the impulse and impetus of the Astral Body thru the thought forms concreted in the Mental Sheath by the Ego.

The EGO indrawn is what constitutes the home an INDIVIDUAL. Individuals How man Therein he differs from the Animals, Plants and Minerals, which are SPECIES. differs from In organization the vehicles may be described as follows: EGO, Virgin Spirit Self-Conscious and Individualized.

MENTAL SHEATH, Not yet a true body; unorganized.

ASTRAL BODY, rudimentary psychic and spiritual centers.

ETHERIC BODY, well developed psychic and spiritual centers.

PHYSICAL BODY, fully developed physical organs and partially awakened psychic and spiritual centers. animals Organization of vehicles tion

When the Physical Body shall have perfectly developed organs, completely generalized sense faculties and fully awakened psychic and spiritual centers, man will evolve to a higher status, functioning entirely in the Etheric Region, in an Etheric Body which will then have developing organs and highly developed psychic and spiritual centers. spiritual centers. Leaving the Etheric Region man will evolve to the Astral Region, with developing organs of the Astral Body and highly developed psychic and spiritual centers. Then the Mental Sheath will also have been in progress of evolution and ultimately man will function solely in his Mental Body. Consciousness In arriving at the stage of Self-consciousness, the consciousness of man has undergone three previous transitions from the state of abstract consciousness as Virgin Spirit, namely: four kinds Deep, Trance-like consciousness......Mineral Stage. 2 Dreamless sleep consciousness,..... Vegetable Stage. Dream sleep consciousness,.....Animal Stage, finally the 3 These are what are known as the four states of consciousness of Man. Man is thus a synthesis of the Four Elements, viz :-Man, a 1 Physical Body-Bone and Tissue..... EARTH. synthesis 2 Physical Body— Bodily fluids......WATER. Blood, and combustive 3 Physical Body--Etheric and Astral vehicles, with Mental Sheath Functions of The FUNCTIONS of the various vehicles are maintained in the following Regions: EGO in the Region of Abstract Thought. vehicles, MIND in the Region of Concrete Thought. where lo-ASTRAL BODY in the Region of Astral World. cated ETHERIC BODY in the Etheric Region of Physical World. PHYSICAL BODY in the Chemical Region of the Physical World. Man not all born at birthphysical birth. Each of the separate vehicles has a separate birth. Thus— The Physical Body is born at the moment of physical birth. Births of the The Etheric Body is born at the age of Seven. vehicles The Astral Body is born at the age of fourteen. The Mind is born at the age of twenty-one. Due to ethers This is due to the ethers. The Physical Body is due to the activity of the Chemical Ether. How ethers The Etheric Body is due to the activity of the Life Ether. act The Astral Body is due to the activity of the Light Ether. The Mind action is resultant upon the activity of the Reflecting Ether. Rosicrucian philosophy teaches that everything originates from a primal SEED. Seed. This must therefore hold true in regard to Man and each of his bodies. Thus-EACH BODY OR VEHICLE OF MAN HAS ITS OWN SEED ATOM from whence its Seed Atoms. growth originates. There is a separate Seed Atom for each vehicle, located in a specific organ or center of the respective vehicle. The Seed Atom of each vehicle is implanted in the macrocosmic womb by the Ego in its process of rebirth, and is recovered by the Ego on the dissociation of its vehicles after death, for future vehicles. Each Seed Atom is impressed with the experience pertaining to its particular vehicle during any given, and all preceding Of each vehicle. lives or expressions. The Seed Atom of the PHYSICAL BODY, in life, is located at the apex of the Heart, in the left ventricle, and after death ascends via the pneumogastric nerve our thru the skull between the sutures of the occipital and parietal bones. Of the Physical Body. Of the Etheric The Seed Atom of the ETHERIC BODY, in life, is located in the Spleen. Of the Astral The Seed Atom of the ASTRAL BODY, in life is located in the Liver. Body. The Spleen and Liver being respectively the centers of the Etheric and Astral Bodies in life, it will be seen why some people are styled as "spleeny" or "good" (or bad) "Livers." The excess of activity in the one causes affections of the spleen and the desire whether well or misdirected in the other has a direct result upon Spleen and Liver. the liver. During life, the Ego and higher vehicles are attached to the Physical Body by what is known as the "SILVER CORD," which, seen clairvoyantly is silvery, and glistening and shaped like two figure sixes reversed. One end is fastened to the heart by the Seed Atom, the other being attached to the higher vehicle. Its actual rupture at the point of connection between the two figure sexes, is the actual moment of death. Silver Cord.